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INGREDIENTS & NUTRITION FACTS



ORIGINAL

Nutrition Facts

Serv. size: 1 Roon (46g)
Amount per serving:
Calories 210,
Total Fat 14g (18% DV), Sat. Fat 12g (60% DV), *Trans Fat* 0g, **Cholest.** 40mg (13% DV), **Sodium** 105mg (5% DV), **Total Carb.** 24g (9% DV), Fiber 3g (11% DV), Total Sugars 20g (Incl. 18g Added Sugars, 38% DV), **Protein** 3g, Vit. D (0% DV), Calcium (0% DV), Iron (6% DV), Potas. (0% DV).

Ingredients: Sweetened coconut [coconut, sugar, water, propylene glycol, salt, sodium metabisulfite], liquid eggs, cane sugar, Guittard chocolate [sugar, unsweetened chocolate, cocoa butter, milk fat (butter), sunflower lecithin, vanilla], unsweetened coconut, pure vanilla & kosher salt.

Contains: Eggs, Milk, Coconut



LEMON

Nutrition Facts

Serv. size: 1 Roon (48g),
Amount per serving:
Calories 230, Total Fat 15g (19% DV), Sat. Fat 13g (65% DV), *Trans Fat* 0g, **Cholest.** 40mg (13% DV), **Sodium** 105mg (5% DV), **Total Carb.** 24g (9% DV), Fiber 2g (7% DV), Total Sugars 21g, **Protein** 3g, Vit. D (0% DV), Calcium (0% DV), Iron (2% DV), Potas. (0% DV).

Ingredients: Sweetened coconut [coconut, sugar, water, propylene glycol, salt, sodium metabisulfite], Guittard white chocolate [sugar, palm kernel oil & palm oil, whey, nonfat milk, sunflower lecithin, titanium dioxide, natural and artificial flavor], liquid eggs, cane sugar, organic unsweetened coconut, lemon zest, pure vanilla, lemon extract & kosher salt.

Contains: Eggs, Milk, Coconut



CHOCOLATE ESPRESSO

Nutrition Facts

Serv. size: 1 Roon (50g),
Amount per serving:
Calories 210, Total Fat 14g (18% DV), Sat. Fat 11g (55% DV), *Trans Fat* 0g, **Cholest.** 40mg (13% DV), **Sodium** 115mg (5% DV), **Total Carb.** 25g (9% DV), Fiber 3g (11% DV), Total Sugars 21g, **Protein** 4g, Vit. D (0% DV), Calcium (0% DV), Iron (8% DV), Potas. (0% DV).

Ingredients: Sweetened coconut [coconut, sugar, water, propylene glycol, salt, sodium metabisulfite], liquid eggs, cane sugar, Guittard chocolate [sugar, unsweetened chocolate, cocoa butter, milk fat (butter), sunflower lecithin, vanilla], organic unsweetened coconut, Guittard dutch process cocoa [processed with alkali], ground espresso beans, pure vanilla & kosher salt.

Contains: Eggs, Milk, Coconut



PUMPKIN SPICE

Nutrition Facts

Serv. size: 1 Roon (46g),
Amount per serving:
Calories 220, Total Fat 14g (18% DV), Sat. Fat 13g (55% DV), *Trans Fat* 0g, **Cholest.** 35mg (12% DV), **Sodium** 95mg (4% DV), **Total Carb.** 24g (9% DV), Fiber 2g (7% DV), Total Sugars 20g (Incl. 18g Added Sugars, 36% DV), **Protein** 3g, Vit. D (0% DV), Calcium (2% DV), Iron (2% DV), Potas. (0% DV).

Non-GMO Ingredients: Sweetened coconut [coconut, sugar, water, propylene glycol, salt, sodium metabisulfite], eggs, cane sugar, Guittard white chocolate [sugar, palm kernel & palm oils, whey, nonfat milk, titanium dioxide color, sunflower lecithin, natural flavor, vanilla], organic unsweetened coconut, cinnamon, ginger, allspice, vanilla & kosher salt.

Contains: Eggs, Milk, Coconut



CHOCOLATE DECADENCE

Nutrition Facts

Serv. size: 1 Roon (49g),
Amount per serving:
Calories 210, Total Fat 13g (20% DV), Sat. Fat 10g (50% DV), *Trans Fat* 0g, **Cholest.** 35mg (12% DV), **Sodium** 100mg (4% DV), **Total Carb.** 22g (7% DV), Fiber 3g (12% DV), Total Sugars 19g, **Protein** 3g, Vit. A (2% DV), Vit. C (02% DV) Calcium (2% DV), Iron (6% DV).

Ingredients: Sweetened coconut [coconut, sugar, water, propylene glycol, salt, sodium metabisulfite], liquid eggs, cane sugar, Guittard chocolate [sugar, unsweetened chocolate, cocoa butter, milk fat (butter), sunflower lecithin, vanilla], organic unsweetened coconut, mini chocolate chips [sugar, unsweetened chocolate, cocoa butter, dextrose, sunflower lecithin], ground chocolate [sugar, cocoa, unsweetened chocolate, vanilla], cocoa powder, pure vanilla & salt.

Contains: Eggs, Milk, Coconut



CANDY CANE

Nutrition Facts

Serv. size: 1 Roon (50g),
Amount per serving:
Calories 210, Total Fat 14g (18% DV), Sat. Fat 11g (55% DV), *Trans Fat* 0g, **Cholest.** 40mg (13% DV), **Sodium** 105mg (5% DV), **Total Carb.** 25g (9% DV), Fiber 3g (11% DV), Total Sugars 21g, **Protein** 4g, Vit. D (0% DV), Calcium (0% DV), Iron (8% DV), Potas. (0% DV).

Ingredients: Sweetened coconut [coconut, sugar, water, propylene glycol, salt, sodium metabisulfite], liquid eggs, cane sugar, Guittard chocolate [sugar, unsweetened chocolate, cocoa butter, milk fat (butter), sunflower lecithin, vanilla], organic unsweetened coconut, crushed candy canes [sugar, oil of peppermint, red 40], pure vanilla & kosher salt.

Contains: Eggs, Milk, Coconut