



## Basic Hygiene Care Kits

People who find their way to Blanchet House's doors are in most need of the following items.

*Please **do not** include literature, medications like Tylenol or Advil, or liquid hand sanitizer.*

### Instructions

Fill a zippered gallon-size plastic bag containing travel or trial-sized of some or all of the following:

*(No paper bags. Why? Paper falls apart easily. Zippered plastic bags can be reused.)*

- **Band-aids**
- **Bar of soap**
- **Ear swabs**
- **Lip balm**
- **Lotion**
- **Nail clippers**
- **Neosporin or antibiotic ointment**
- **Pair of socks (adult-size only)**
- **Rain poncho (compact & folded)**
- **Wet wipes or bath wipes**
- **Wrapped snacks**